



MASSAGE

Tuesday and Thursday

- Oncology massage is a gentle form of relaxation massage designed to relieve tension often experienced by patients
- It may also reduce treatment side effects and symptoms such as nausea, pain, fatigue and anxiety
- Massage can be received through clothing, or applied with oil on the skin
- 2 x free massages are available for cancer patients
- Bookings essential, please contact the Cancer Wellness Coordinator to book.

LOCATION: Gobbé Wellness Centre at Bendigo Health.
Parking available along Hope Street.

CONTACT: Cancer Wellness Coordinator on 5454 7140
or via email: cancerwellness@bendigohealth.org.au

Made possible by donations made to the Bendigo Health
Cancer Wellness Program:
www.bendigohealth.org.au/cancerwellness



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